

# SPOT Services

SPOT (Specialised, Prioritised and Occasional Treatment) Services are a treatment option which is best suited for those individuals who require intervention for singular, specific issues rather than addressing a wide range of difficulties. In such cases, an emphasis is placed on supporting parents/carers/teachers to effectively implement recommended teaching and/or behaviour management strategies themselves. In many cases additional tutoring support may not be required. Issues which are most typically addressed within S.P.O.T. Services include (but are not limited to):



- Toilet training
- Fussy eating and other mealtime difficulties
- Community access
- Sleep issues
- Play-dates and other forms of peer interaction

Most typically this stream of services involve an observational assessment of your child's needs, development of a detailed treatment plan and initial coaching of those involved in implementing the plan to do so effectively. Follow up support is then provided as required.

Figure 1 SPOT Services Procedure



To find out more about this program or any of our other services call (02)80844428 to speak with an MLS Behavioural Consultant.